
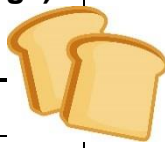

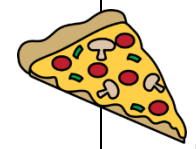
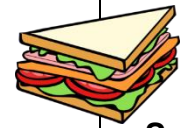





2018 - 2019 Fall – Winter Menu

Vegreville Manor

Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 5	Jan 28	Nov 6	Jan 29	Nov 7	Jan 30	Nov 8	Jan 31	Nov 9	Feb 1	Nov 10	Feb 2	Nov 11	Feb 3
	Dec 3	Feb 25	Dec 4	Feb 26	Dec 5	Feb 27	Dec 6	Feb 28	Dec 7	March 1	Dec 8	March 2	Dec 9	March 3
	Dec 31	March 25	Jan 1	March 26	Jan 2	March 27	Jan 3	March 28	Jan 4	March 29	Jan 5	March 30	Jan 6	March 31
<b>Beverages</b>	• Tea • Coffee • Juice • Milk •													
<b>Breakfast</b>	Dry Cereal Toast Fruit (banana/orange) Boiled Egg 		Dry Cereal Waffles Fruit (banana/orange) Sausage Pattie		Dry Cereal Raisin Toast Fruit (banana/orange)		Cream of Wheat Toast Fruit (banana/orange)		Oatmeal Toast Fruit (banana/orange)		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange)	
<b>Lunch</b>														
<b>Soup</b>	Cream of Potato & Bacon		Chicken Noodle		Vegetable Barley		Wonton 		Mushroom		Minestrone		Egg Drop	
<b>Entree</b>	Pizza Greek Salad  Fruit Cocktail		Salmon Sandwich Cooper Penny Salad  Cookie 		Roast Beef Sandwich Texas Caviar Bean Mix  Seasonal Fresh Fruit		Breakfast Bun w/sausage Pattie & Egg Orange Slices  Fruit Muffin		Pork Garlic Ribs Potato Salad Garnish w/Pickle  Fruit Cocktail		Chicken Fingers Potato Pattie Broccoli Salad  Danish		Breakfast Sausage French Toast (with fruit medley)  Cookie	
<b>Alternate</b>	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
<b>Supper</b>														
<b>Soup</b>	Chicken Noodle		Vegetable Barley		Wonton		Mushroom		Minestrone		Egg Drop		Creamy Tomato	
<b>Entrée</b>	Roast Pork (with applesauce) Roasted Potato Light Gravy Cucumber/Tomato Salad Steamed Cabbage		Baked Ham Scalloped Potato Tossed Garden Salad Glazed Carrot  		Sweet 'n Sour Chicken Fried Rice Stir Fried Vegetables		<i>Chef's Choice</i> Main Entrée Salad Vegetable		Baked Fish Coleslaw Cubed Potato (w/butter & dill sauce) Peas		Meatballs Mashed Potato Gravy Caesar Salad Artic Bean Mix		Roasted Chicken Nachinka (cornmeal) Tossed Salad Diced Carrots & Peas  	
<b>Dessert</b>	Rice Pudding		Cherry Delight		Mandarin Oranges		Melon Mix		Broken Glass Jell-O		Square		Fruit Pie al Mode	
<b>Alternate</b>	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
<b>Condiments</b>	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.  
 Menu may change without notice.