
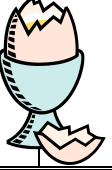






2018-19 Fall – Winter Menu (Residents only)

Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 29 Nov 26 Dec 24	Jan 21 Feb 18 March 18	Oct 30 Nov 27 Dec 25	Jan 22 Feb 19 March 19	Oct 31 Nov 28 Dec 26	Jan 23 Feb 20 March 20	Nov 1 Nov 29 Dec 27	Jan 24 Feb 21 March 21	Nov 2 Nov 30 Dec 28	Jan 25 Feb 22 March 22	Nov 3 Dec 1 Dec 29	Jan 26 Feb 23 March 23	Nov 4 Dec 2 Dec 30	Jan 27 Feb 24 March 24
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Oatmeal Cereal Toast French Toast <i>Or</i> Cold Cereal	 Oat Bran Cereal Toast Boiled Eggs <i>or</i> Cold Cereal	Cream of Wheat Bacon Toast <i>or</i> Cold Cereal	Oatmeal Cereal Toast Cheddar Cheese <i>or</i> Cold Cereal	Oat Bran Cereal Toast Pancakes <i>or</i> Cold Cereal	 Cornmeal Cereal Toast Cheese Pan Omelet <i>or</i> Cold Cereal	Cream of Wheat Toast Turkey Sausage <i>or</i> Cold Cereal							
Lunch														
Entree	Grilled Ruben Sandwich Cucumber & Tomato Slices Potato Wedges Bean Salad <i>or</i> Assorted Sandwiches	Seafood Quiche Coleslaw Salad <i>or</i> Assorted Sandwiches	Pizza Caesar Salad <i>or</i> Assorted Sandwiches	Beef Stroganoff Spätzle Noodles Peas <i>or</i> Assorted Sandwiches	Nalysnyky/Sour Cream Kovbasa Greek Salad <i>or</i> Assorted Sandwiches	Hamburger Tomato, Lettuce & Onions Potato Wedges <i>or</i> Assorted Sandwiches	Grilled Cheddar Sandwich Caesar Salad <i>or</i> Assorted Sandwiches							
Dessert	Baked Apple with Carmel Sauce	Date Squares 	Rhubarb & Granola Parfait	Apple Pie Pureed Apple Spice	Tapioca	Orange Segments	Watermelon & Mint							
Soup	Butternut Squash	Wild Mushroom 	Pea Soup	Chicken Vegetable	Clam Chowder	Garden Vegetable	Chicken Rice							
Supper														
Entrée	Hot Beef Chili Bun Mixed Vegetables Entrée 2 Pulled Pork on a bun	Hot Honey Ham Potatoes w Dill Mashed Turnip Entrée 2 Fish Burger	Hot Turkey Schnitzel Winter Mixed Vegetables Mashed Potatoes Entrée 2 Hot Corned Beef	Hot Balsamic Glazed Pork Loaf Mashed Potatoes Buttered Squash Entrée 2 Salisbury Steak	Hot Poached Atlantic Salmon Rice Mixed Vegetables Entrée 2 Veal Cutlet 	Hot BBQ Chicken Drumsticks Mashed Potatoes Italian Mixed Veg Entrée 2 Pyrohy Potato, Cheddar & Bacon	Hot Roast Turkey Whipped Potatoes Hot Sliced Beets Entrée 2 Pork Souvlaki							
Dessert	Coconut Cream Pie	Blueberry Crumble	Mango Bread Pudding	Ice Cream	Fruit Salad	Jello	Carrot Cake							
PM/HS Snack	Tuna Salad Sandwich	Cheese Danish	Bon Ton Special	Yogurt	Banana Loaf	Chocolate Cake	Cookies							
Condiments	• Bread • Buns • Margarine •													

Gravy With All Meals- Soup And Dessert May Change Without Notice