


2018-19 Fall – Winter Menu (Residents only)

Week 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
	Oct 22	Jan 14	Oct 23	Jan 15	Oct 24	Jan 16	Oct 25	Jan 17	Oct 26	Jan 18	Oct 27	Jan 19	Oct 28	Jan 20	
	Nov 19	Feb 11	Nov 20	Feb 12	Nov 21	Feb 13	Nov 22	Feb 14	Nov 23	Feb 15	Nov 24	Feb 16	Nov 25	Feb 17	
	Dec 17	March 11	Dec 18	March 12	Dec 19	March 13	Dec 20	March 14	Dec 21	March 15	Dec 22	March 16	Dec 23	March 17	
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •														
Breakfast 	Cream of Wheat Toast Fried Eggs <i>or</i> Cold Cereal	Pureed French Toast Oatmeal Cereal Toast Breakfast Sausage <i>or</i> Cold Cereal	Corn Meal Cereal Toast Grilled Bacon <i>or</i> Cold Cereal	Oat Bran Cereal Toast Scrambled Eggs <i>or</i> Cold Cereal	Cream of Wheat Toast Blueberry Pancakes <i>or</i> Cold Cereal	Oatmeal Cereal Toast Assorted Danish <i>or</i> Cold Cereal	Oat Bran Cereal Cheese Omelets Toast <i>or</i> Cold Cereal								
Lunch															
Entree	Pulled Pork on a Slider Bun Garden Salad <i>or</i> Assorted Sandwiches	Battered Cod French Fries Coleslaw <i>or</i> Assorted Sandwiches	Spaghetti & Meat Balls Caesar Salad <i>or</i> Assorted Sandwiches	Potato Pancakes Turkey Sausages Tossed Salad <i>or</i> Assorted Sandwiches	Cabbage Rolls Kovbasa California Vegetables <i>or</i> Assorted Sandwiches	Chicken Fingers Pickles Potato Salad <i>or</i> Assorted Sandwiches	Cheese Tortellini Garlic Bread Caesar Salad <i>or</i> Assorted Sandwiches								
Dessert	Poached Pears	Cantaloupe & Strawberries	Brownie	Fresh Fruit Salad	Rice Krispy Squares Pureed Chocolate Cheesecake	Banana & Yogurt	Diced Peaches								
Soup	Tomato	Beef Barley	Borshch	 Chicken Vegetable	Mushroom	Tomato Vegetable	Split Pea								
Supper															
Entrée	Hot Roast Beef Creamed Potatoes Corn Entrée 2 European Pork Sausages	Hot Lemon Chicken Whipped Potatoes Italian Mixed Vegetables Entrée 2 Pyrohy Potato and Cheddar	Hot Pork Tenderloin Parsley Potatoes Fresh Cauliflower Florets Entrée 2 Crunchy Perch	Hot Honey Garlic Chicken Drums Rice Green Beans Entrée 2 Beef Sausage	Hot Baked Basa Buttered Egg Noodles Peas Entrée 2 Turkey Tetrazini	Hot Grilled Ham Steak Steamed Potatoes Zucchini Entrée 2 Polynesian Meat Balls	Hot Shepherd's Pie Seasoned Broccoli Entrée 2 Veal Cutlet								
Dessert	Carrot Cake	Peach Crisp	Coconut Cinnamon Rice Pudding	Apple Pie	Cherry Tart	Ice Cream	Strawberry Shortcake								
PM/HS Snack	Mini Cinnamon Bun	Yogurt	Bon Ton Special	Cheese Danish	Croissants	Cheese & Crackers	Danish								
Condiments	• Bread • Buns • Margarine •														

Gravy With All Meals - Soup & Dessert May Change Without Notice